

SUPERHERO TRAINING CAMP QUESTIONNAIRE

Discover your inner superhero!
To get started, please complete this questionnaire.
Your answers can be factual or make believe.
(After all, super active imaginations make for super duper heroes.)

- 1) **What are your 3 very best qualities?** (Examples: funny, happy-go-lucky, caring, smart, helpful)
 - a) _____
 - b) _____
 - c) _____

- 2) **What are 3 things you are really good at, or love to do?** (Examples: riding your bike, arts and crafts, roller skating, making new friends, baking)
 - a) _____
 - b) _____
 - c) _____

- 3) **What 3 “super” or fantasy things do you wish you could do?** (Examples: fly, be invisible, be huge, be tiny, make rainbows, make people laugh, have x-ray vision)
 - a) _____
 - b) _____
 - c) _____

- 4) **What thing do you really, really love?** (Examples: a pet, a food, a sport, a craft, or anything you absolutely love) _____

- 5) **What is your favorite type of weather or natural occurrence?** (Examples: lightning, wind, clouds, rainbows, snow, stars) _____

- 6) **What is your favorite color?** _____

- 7) **What is your favorite vegetable?** _____

- 8) **What is your favorite planet or place?** _____

- 9) **What do you really, really dislike?** _____

Now create your superhero name!

If you'd like your real name to be part of it, try putting "Super", "Wonder" or "Amazing" in front of your name. (For example: Super Mary!)

Or, look at your answers to questions 1- 5 and see if your answers inspire a name (For example, if you said baking for #2 you could be "The Baker" or if you said rainbows for #5 you could be "Rainbow" or "The Rainbow Maker.")

Write your Super Hero name here: _____

Next, determine your superpowers!

Look at your answers to questions 1-5 and choose 3-5 things for your personal super powers. (For example, if you said clouds for #5, one of your powers could be to make clouds. If making people laugh is one of your best traits... that's definitely a super power! If you wish you could fly — then do it, make it one of your powers.)

List your super powers here:

3. My Power Fuel is (from your answer to #7) _____

4. I am from (from your answer to #8) _____

5. My kryptonite (the thing that weakens your power) is (from your answer to #9) _____